

EXERCISES 8.1

Basic Substitutions

Evaluate each integral in Exercises 1–36 by using a substitution to reduce it to standard form.

$$1. \int \frac{16x \, dx}{\sqrt{8x^2 + 1}}$$

$$2. \int \frac{3 \cos x \, dx}{\sqrt{1 + 3 \sin x}}$$

$$3. \int 3\sqrt{\sin v} \cos v \, dv$$

$$5. \int_0^1 \frac{16x \, dx}{8x^2 + 2}$$

$$4. \int \cot^3 y \csc^2 y \, dy$$

$$6. \int_{\pi/4}^{\pi/3} \frac{\sec^2 z}{\tan z} \, dz$$

7. $\int \frac{dx}{\sqrt{x}(\sqrt{x} + 1)}$ 8. $\int \frac{dx}{x - \sqrt{x}}$
9. $\int \cot(3 - 7x) dx$ 10. $\int \csc(\pi x - 1) dx$
11. $\int e^\theta \csc(e^\theta + 1) d\theta$ 12. $\int \frac{\cot(3 + \ln x)}{x} dx$
13. $\int \sec \frac{t}{3} dt$ 14. $\int x \sec(x^2 - 5) dx$
15. $\int \csc(s - \pi) ds$ 16. $\int \frac{1}{\theta^2} \csc \frac{1}{\theta} d\theta$
17. $\int_0^{\sqrt{\ln 2}} 2x e^{x^2} dx$ 18. $\int_{\pi/2}^{\pi} (\sin y) e^{\cos y} dy$
19. $\int e^{\tan v} \sec^2 v dv$ 20. $\int \frac{e^{\sqrt{t}} dt}{\sqrt{t}}$
21. $\int 3^{x+1} dx$ 22. $\int \frac{2^{\ln x}}{x} dx$
23. $\int \frac{2^{\sqrt{w}} dw}{2\sqrt{w}}$ 24. $\int 10^{2\theta} d\theta$
25. $\int \frac{9 du}{1 + 9u^2}$ 26. $\int \frac{4 dx}{1 + (2x + 1)^2}$
27. $\int_0^{1/6} \frac{dx}{\sqrt{1 - 9x^2}}$ 28. $\int_0^1 \frac{dt}{\sqrt{4 - t^2}}$
29. $\int \frac{2s ds}{\sqrt{1 - s^4}}$ 30. $\int \frac{2 dx}{x\sqrt{1 - 4 \ln^2 x}}$
31. $\int \frac{6 dx}{x\sqrt{25x^2 - 1}}$ 32. $\int \frac{dr}{r\sqrt{r^2 - 9}}$
33. $\int \frac{dx}{e^x + e^{-x}}$ 34. $\int \frac{dy}{\sqrt{e^{2y} - 1}}$
35. $\int_1^{e^{\pi/3}} \frac{dx}{x \cos(\ln x)}$ 36. $\int \frac{\ln x dx}{x + 4x \ln^2 x}$

Completing the Square

Evaluate each integral in Exercises 37–42 by completing the square and using a substitution to reduce it to standard form.

37. $\int_1^2 \frac{8 dx}{x^2 - 2x + 2}$ 38. $\int_2^4 \frac{2 dx}{x^2 - 6x + 10}$
39. $\int \frac{dt}{\sqrt{-t^2 + 4t - 3}}$ 40. $\int \frac{d\theta}{\sqrt{2\theta - \theta^2}}$
41. $\int \frac{dx}{(x + 1)\sqrt{x^2 + 2x}}$ 42. $\int \frac{dx}{(x - 2)\sqrt{x^2 - 4x + 3}}$

Trigonometric Identities

Evaluate each integral in Exercises 43–46 by using trigonometric identities and substitutions to reduce it to standard form.

43. $\int (\sec x + \cot x)^2 dx$ 44. $\int (\csc x - \tan x)^2 dx$
45. $\int \csc x \sin 3x dx$
46. $\int (\sin 3x \cos 2x - \cos 3x \sin 2x) dx$

Improper Fractions

Evaluate each integral in Exercises 47–52 by reducing the improper fraction and using a substitution (if necessary) to reduce it to standard form.

47. $\int \frac{x}{x + 1} dx$ 48. $\int \frac{x^2}{x^2 + 1} dx$
49. $\int_{\sqrt{2}}^3 \frac{2x^3}{x^2 - 1} dx$ 50. $\int_{-1}^3 \frac{4x^2 - 7}{2x + 3} dx$
51. $\int \frac{4t^3 - t^2 + 16t}{t^2 + 4} dt$ 52. $\int \frac{2\theta^3 - 7\theta^2 + 7\theta}{2\theta - 5} d\theta$

Separating Fractions

Evaluate each integral in Exercises 53–56 by separating the fraction and using a substitution (if necessary) to reduce it to standard form.

53. $\int \frac{1 - x}{\sqrt{1 - x^2}} dx$ 54. $\int \frac{x + 2\sqrt{x - 1}}{2x\sqrt{x - 1}} dx$
55. $\int_0^{\pi/4} \frac{1 + \sin x}{\cos^2 x} dx$ 56. $\int_0^{1/2} \frac{2 - 8x}{1 + 4x^2} dx$

Multiplying by a Form of 1

Evaluate each integral in Exercises 57–62 by multiplying by a form of 1 and using a substitution (if necessary) to reduce it to standard form.

57. $\int \frac{1}{1 + \sin x} dx$ 58. $\int \frac{1}{1 + \cos x} dx$
59. $\int \frac{1}{\sec \theta + \tan \theta} d\theta$ 60. $\int \frac{1}{\csc \theta + \cot \theta} d\theta$
61. $\int \frac{1}{1 - \sec x} dx$ 62. $\int \frac{1}{1 - \csc x} dx$

Eliminating Square Roots

Evaluate each integral in Exercises 63–70 by eliminating the square root.

63. $\int_0^{2\pi} \sqrt{\frac{1 - \cos x}{2}} dx$ 64. $\int_0^{\pi} \sqrt{1 - \cos 2x} dx$

$$65. \int_{\pi/2}^{\pi} \sqrt{1 + \cos 2t} \, dt$$

$$66. \int_{-\pi}^0 \sqrt{1 + \cos t} \, dt$$

$$67. \int_{-\pi}^0 \sqrt{1 - \cos^2 \theta} \, d\theta$$

$$68. \int_{\pi/2}^{\pi} \sqrt{1 - \sin^2 \theta} \, d\theta$$

$$69. \int_{-\pi/4}^{\pi/4} \sqrt{1 + \tan^2 y} \, dy$$

$$70. \int_{-\pi/4}^0 \sqrt{\sec^2 y - 1} \, dy$$

Assorted Integrations

Evaluate each integral in Exercises 71–82 by using any technique you think is appropriate.

$$71. \int_{\pi/4}^{3\pi/4} (\csc x - \cot x)^2 \, dx$$

$$72. \int_0^{\pi/4} (\sec x + 4 \cos x)^2 \, dx$$

$$73. \int \cos \theta \csc(\sin \theta) \, d\theta$$

$$74. \int \left(1 + \frac{1}{x}\right) \cot(x + \ln x) \, dx$$

$$75. \int (\csc x - \sec x)(\sin x + \cos x) \, dx$$

$$76. \int 3 \sinh\left(\frac{x}{2} + \ln 5\right) \, dx$$

$$77. \int \frac{6 \, dy}{\sqrt{y}(1+y)}$$

$$78. \int \frac{dx}{x\sqrt{4x^2 - 1}}$$

$$79. \int \frac{7 \, dx}{(x-1)\sqrt{x^2 - 2x - 48}}$$

$$80. \int \frac{dx}{(2x+1)\sqrt{4x^2 + 4x}}$$

$$81. \int \sec^2 t \tan(\tan t) \, dt$$

$$82. \int \frac{dx}{x\sqrt{3+x^2}}$$

Trigonometric Powers

83. a. Evaluate $\int \cos^3 \theta \, d\theta$. (Hint: $\cos^2 \theta = 1 - \sin^2 \theta$.)
 b. Evaluate $\int \cos^5 \theta \, d\theta$.
 c. Without actually evaluating the integral, explain how you would evaluate $\int \cos^9 \theta \, d\theta$.
84. a. Evaluate $\int \sin^3 \theta \, d\theta$. (Hint: $\sin^2 \theta = 1 - \cos^2 \theta$.)
 b. Evaluate $\int \sin^5 \theta \, d\theta$.
 c. Evaluate $\int \sin^7 \theta \, d\theta$.
 d. Without actually evaluating the integral, explain how you would evaluate $\int \sin^{13} \theta \, d\theta$.
85. a. Express $\int \tan^3 \theta \, d\theta$ in terms of $\int \tan \theta \, d\theta$. Then evaluate $\int \tan^3 \theta \, d\theta$. (Hint: $\tan^2 \theta = \sec^2 \theta - 1$.)
 b. Express $\int \tan^5 \theta \, d\theta$ in terms of $\int \tan^3 \theta \, d\theta$.
 c. Express $\int \tan^7 \theta \, d\theta$ in terms of $\int \tan^5 \theta \, d\theta$.
 d. Express $\int \tan^{2k+1} \theta \, d\theta$, where k is a positive integer, in terms of $\int \tan^{2k-1} \theta \, d\theta$.
86. a. Express $\int \cot^3 \theta \, d\theta$ in terms of $\int \cot \theta \, d\theta$. Then evaluate $\int \cot^3 \theta \, d\theta$. (Hint: $\cot^2 \theta = \csc^2 \theta - 1$.)

- b. Express $\int \cot^5 \theta \, d\theta$ in terms of $\int \cot^3 \theta \, d\theta$.
 c. Express $\int \cot^7 \theta \, d\theta$ in terms of $\int \cot^5 \theta \, d\theta$.
 d. Express $\int \cot^{2k+1} \theta \, d\theta$, where k is a positive integer, in terms of $\int \cot^{2k-1} \theta \, d\theta$.

Theory and Examples

87. **Area** Find the area of the region bounded above by $y = 2 \cos x$ and below by $y = \sec x$, $-\pi/4 \leq x \leq \pi/4$.
88. **Area** Find the area of the “triangular” region that is bounded from above and below by the curves $y = \csc x$ and $y = \sin x$, $\pi/6 \leq x \leq \pi/2$, and on the left by the line $x = \pi/6$.
89. **Volume** Find the volume of the solid generated by revolving the region in Exercise 87 about the x -axis.
90. **Volume** Find the volume of the solid generated by revolving the region in Exercise 88 about the x -axis.
91. **Arc length** Find the length of the curve $y = \ln(\cos x)$, $0 \leq x \leq \pi/3$.
92. **Arc length** Find the length of the curve $y = \ln(\sec x)$, $0 \leq x \leq \pi/4$.
93. **Centroid** Find the centroid of the region bounded by the x -axis, the curve $y = \sec x$, and the lines $x = -\pi/4$, $x = \pi/4$.
94. **Centroid** Find the centroid of the region that is bounded by the x -axis, the curve $y = \csc x$, and the lines $x = \pi/6$, $x = 5\pi/6$.
95. **The integral of $\csc x$** Repeat the derivation in Example 7, using cofunctions, to show that

$$\int \csc x \, dx = -\ln |\csc x + \cot x| + C.$$

96. **Using different substitutions** Show that the integral

$$\int ((x^2 - 1)(x + 1))^{-2/3} \, dx$$

can be evaluated with any of the following substitutions.

- a. $u = 1/(x + 1)$
 b. $u = ((x - 1)/(x + 1))^k$ for $k = 1, 1/2, 1/3, -1/3, -2/3$, and -1
 c. $u = \tan^{-1} x$
 d. $u = \tan^{-1} \sqrt{x}$ e. $u = \tan^{-1}((x - 1)/2)$
 f. $u = \cos^{-1} x$ g. $u = \cosh^{-1} x$

What is the value of the integral? (Source: “Problems and Solutions,” *College Mathematics Journal*, Vol. 21, No. 5 (Nov. 1990), pp. 425–426.)