

# WATERSHED MANAGEMENT

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Lecture No - 1



## Scope of the Course

- To discuss various aspects of watershed & its management – **Integrated Watershed Management Approach**.
- Watershed – ideal unit for multi-disciplinary planning & management of land & water resources – ensure continuous benefits – sustainable way
- Watershed Management (WM)–
  - Sustainable Management of entire land & resources.

## Course Objectives

- To discuss various aspects of watershed development and management – resources: technological, social, ecological, environmental, sustainable issues.
- Focus - technical aspects of WM; perspectives on land & water management; analyze complex issues in water management and on specific knowledge on issues of WM.

## Course Objectives..

- Course will be very useful to
  - Undergraduate & post-graduate students,
  - Teachers, NGO's, Field Engineers and Practitioners.
  - Number of field problems will be discussed to illustrate the concepts clearly.

# WATERSHED MANAGEMENT

## Course Modules -10 (40L)

- 1) Introduction and Basic Concepts - 3
- 2) Sustainable Watershed Approach & Watershed Management Practices - 4
- 3) Integrated Watershed Management - 4
- 4) Watershed Modeling - 7
- 5) Social Aspects of Watershed Management - 3

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## Course Modules – 10 (40L)

- 6) Use of modern techniques in watershed management -5
- 7) Management of Water Quality -4
- 8) Storm Water and Flood Management -4
- 9) Drought Management -3
- 10) Water Conservation and Recycling -3

## References

- 1) Allam, Gamal Ibrahim Y., *Decision Support System for Integrated Watershed Management*, Colorado State University, 1994.
- 2) Am. Soc. Of Agri. Engr., *Hydrologic Modeling of Small Watersheds*, Am. Soc. Agri. Eng., Michigan, 1982.
- 3) American Soc. of Civil Engr., *Watershed Management*, American Soc. of Civil Engineers, New York, 1975.
- 4) Black Peter E., *Watershed Hydrology*, Prentice Hall, London, 1991.
- 5) Michael A.M., *Irrigation Engineering*, Vikas Pub. house, 1992.
- 6) Rajesh Rajora, *Integrated Watershed Management*, Rawat Publication, New Delhi, 1998.
- 7) Heathcote, I.W., *Integrated Watershed Management-Principles and Practice*, Jown Wiley & Sons, London, 1998.

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- 8) Murty, J.V.S. *Watershed Management*, New Age Intl., New Delhi 1998.
- 9) Gopal Iyer, K., & Roy U.N., (Eds.), *Watershed Management & Sustainable Development*, Kanishka Publishers, New Delhi, 2005.
- 10) Purandare, A.P., Jaiswal A.K., *Watersheds Development in India*, NIRD, Hyderabad, 1995.
- 11) Vir Singh, Raj , *Watershed Planning and Management*, Yash Publishing House, Bikaner, 2000.
- 12) Paul A. Debarry., *Watershed, Processes, Assessment & Management*, Wiley, London, 2004.



## Module 1 – (L1-L3)

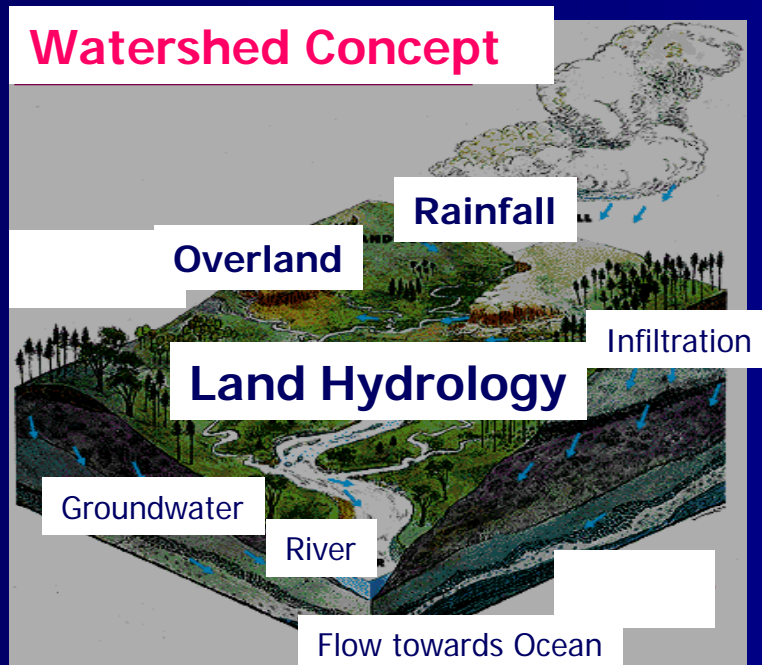
- **Introduction and Basic Concepts**
- Concept of watershed, introduction to watershed management, different stakeholders and their relative importance, watershed management policies and decision making.

## L1– Introduction to Watershed Management

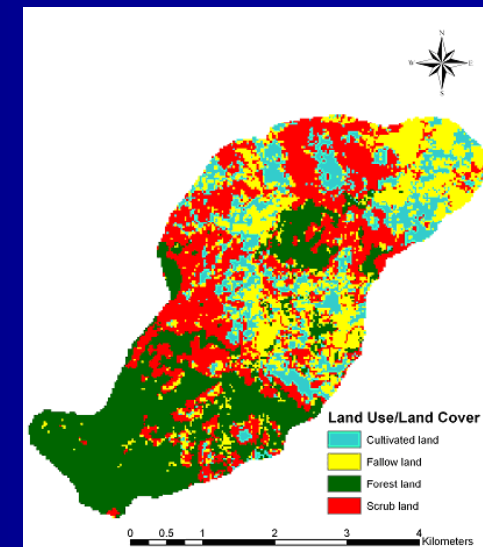
- **Topics Covered**
- Concept of Watershed; Watershed Approach; Common watershed problems; Introduction to Watershed Management (WM)- WM necessity & principles; Case Study.
- **Keywords:** Watershed management, Concepts, Characteristics, Deterioration, Necessity, Principles.

# WATERSHED MANAGEMENT

## Concept of Watershed



Reservoir in main channel



Hydrosphere & hydrological cycle – gives better concept about watershed

## Concept of Watershed..



- Hydrosphere – in physical geography - describes combined mass of waters found on, under and above the surface of the planet .
- Hydrosphere consists waters of land (rivers and other water bodies, groundwater system etc.), oceans & atmosphere surrounding the land
- Hydrological Cycle - Change in phase of water in the **hydrosphere**.

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## Concept of Watershed..

- Watershed: - topographically delineated area that is drained by a stream system
- An area from which runoff resulting from precipitation flows past a single point into a stream, river, lake or an ocean.
- Watershed - drains from surrounding ridges to the common point such as lake or stream
- Shares boundaries with neighboring watersheds.

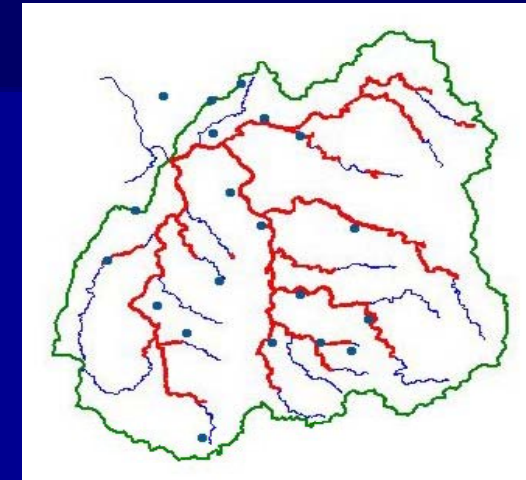


Fig. modified from  
([www.fergusonfoundation.org/btw/watershed.html](http://www.fergusonfoundation.org/btw/watershed.html))

# WATERSHED MANAGEMENT

## Watershed characteristics

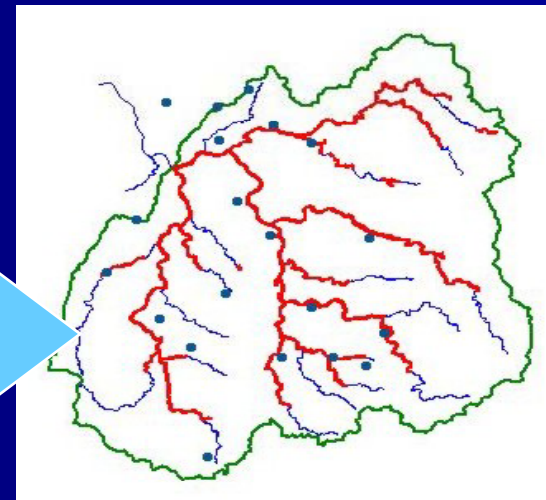
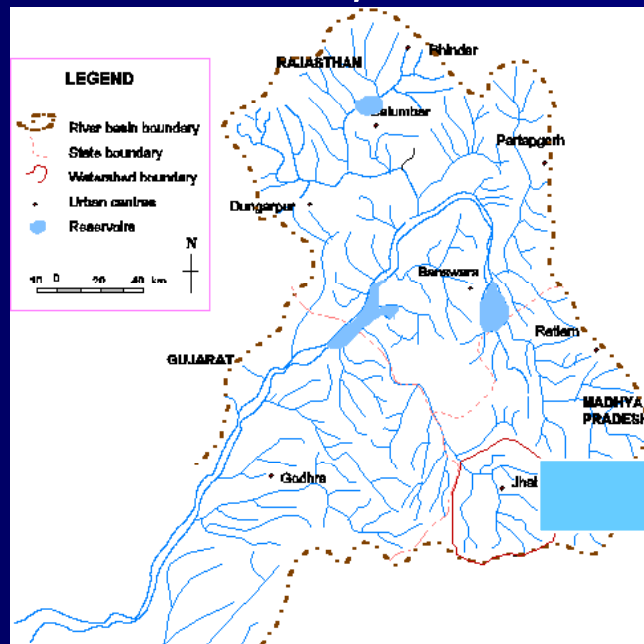
- Size
- Shape
- Physiography
- Climate
- Drainage
- Land use
- Vegetation
- Geology and Soils
- Hydrology
- Hydrogeology
- Socioeconomics



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## Size of Watershed

- Size** – vary from few sq.m to thousands of Sq.km.
- Main watershed, Sub-watershed, Milli-watershed, Micro-watershed, Mini-watershed etc.



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# WATERSHED MANAGEMENT

## Watershed Approach

- Watershed approach - appropriate to solve various resources problems - for planning, implementation & management
- Managing Land & Water - watershed scale, appropriate- environmentally, financially & socially
  - Environmental scale - watershed defined by natural hydrology - Resources becomes a focal point in order to understand factors that contributes the problem.



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## Watershed Approach contd..

- **Financial and social benefits of watershed approach**
  - Core of watershed approach - better understanding of environmental factors.
  - Tasks such as modeling, monitoring & reporting under watershed framework - saves time and money.
  - People's participation -pillar of watershed approach - gives sense of ownership; greater public involvement & ensures sustainability of interventions planned.

# WATERSHED MANAGEMENT

## Watershed Deterioration

### Uncontrolled, unplanned, unscientific land use

- Agricultural land: - faulty practices, erosion, shifting cultivation etc.
- Forest & grass lands: - tree felling, grazing, fire etc.
- Unscientific mining and quarrying
- Bad road alignment and construction
- Extension of industrial activities
- People apathy: - People participation



Watershed



Soil erosion

## Watershed Deterioration- Consequences

- Low productivity - agriculture, grasslands, forests - reduction in biomass
- Declination of groundwater level- causing increase in cost of irrigation
- Siltation of reservoirs, lakes and channels
- Frequent floods and droughts
- Erosion and denudation
- Water quality & quantity problems
- Poverty – social problems



<http://www.guardian.co.uk/world/gallery/2008/aug/28/india.india?picture=337042017>

## Typical Watershed Problems

- Physical problems
  - steep slope, bad lands, soil erosion...
- Resource use problems
  - shifting cultivation, fire, deforestation etc.
- End problems
  - reduced yield, flood, drought
- Socio-economic and other problems
  - poverty, migration etc.

## Watershed Complications



Photos: Singh, 07.  
2001

- Influence of human on watershed development  
Eg: Changing contour of land & use, pollution sources.  
**Remedies:** Land management, Stop pollution at source; waste management, Reduce - fertilizers.
- Water related issues: Surface & groundwater quantity & quality.  
**Remedies:** change in cropping pattern, agricultural water management , rainwater harvesting, stopping point and non-point sources of pollution

# WATERSHED MANAGEMENT

## Necessity of Watershed Management

- For better water & land management
- For stability of land use in lower areas
- For arresting soil erosion, improving soil moisture, reducing floods & droughts
- For developing water, land and biomass resources with a focus on social and environmental aspects
- For judicious use of natural resources - active participation of stake holders, in harmony with the ecosystem



<http://watershed.kar.nic.in/Photo Gallery>

## Principles of Watershed Management

- Utilizes land according to capability
- Maintain adequate vegetative cover for control of soil erosion
- Conserve maximum possible rainwater at places where it falls - Contour farming
- Drain out excess water with a safe velocity to avoid soil erosion and store it for future use
- Preventing erosion & to increase groundwater recharge
- Overall management of the available resources in a sustainable way

## Case study: Upper Lake WM

(Ref: Nandi P.K. *Management of Upper Lake Watershed*. First Interagency Conference on Research in the Watersheds, October 27-30, 2003, Benson, Arizona)



- Upper Lake of Bhopal, MP, India
- Watershed Area - 361 km<sup>2</sup>
- Water spread area – 31km<sup>2</sup>
- Created in the 11<sup>th</sup> century AD
- By obstructing natural flow of Kolans, a rain-fed tributary of Betwa river by constructing an earthen dam
- Location: Lat. 23°12' to 23°16'N & Long. 77°18' to 77°23' E



## Upper Lake Watershed –Land Use (2003) - approximate

Built Up Area	21.0 km <sup>2</sup>
Crop Land	219.3 km <sup>2</sup>
Open Forest	5.4 km <sup>2</sup>
Land with Scrub or Without Scrub	90.4 km <sup>2</sup>
Barren Rocky/Stony	8.6 km <sup>2</sup>
Other Lakes/Ponds	16.3 km <sup>2</sup>
Total Watershed Area	361.00 km <sup>2</sup>

## Some information on Upper Lake

### Importance:

- Lifeline for farmers and fishermen - about 500 families
- Principal source of potable water to the city of Bhopal
  - more than 1.5 million people

### Environmental Concerns affecting Upper lake:

- Deterioration of water quality
- Reduction of storage capacity of the lake
- Obstruction to smooth flow through the spill channel of the lake
- Growth of invasive aquatic plants

## Some Problems - Upper Lake Area



Ref:  
[www.ramsar.org](http://www.ramsar.org)



Flow of Sewage and Siltation in Upper Lake from the Adjoining Colonies

Weed Growth in Upper Lake

## Interventions -Upper Lake conservation

- Initiation - Ministry of Envi. & Forests, Gov. India & State Gov.
- Designated as Bhoj Wetland along with Lower lake-located d/s of Upper Lake

### Interventions:

- 50 m wide strip of land all along the FTL of the lake was demarcated for avoiding encroachment
- Buffer Zone between lake and human settlements

FTL- Full Tank Level

## Interventions

- Intensive plantation in buffer zone (1.7 million plants/ 10 km<sup>2</sup> )
- Construction of 73 Check dams across 28 inlet channels
- Development of sewerage system for managing 35 MLD domestic sewage
- Solid waste management Practices
- Organic farming instead of inorganic fertilizers

## Stakeholder Participation

- Well Coordinated awareness programs
- Reforestation of watershed area through participation of farmers
- Participation of political, religious leaders, district/city administration, local people, NGOs, schools / colleges
- Promotion of organic farming in the watershed through participation of farmers

## Results of Implementations

- Reduced sedimentation due to construction of silt traps and plantation
- General ambience of the area improved due to buffer zone
- Ample job opportunities for the local people
- No significant deterioration of the water quality

## WM Case Study– Lessons Learned

- Necessity of Integrated Watershed Approach
- Importance of conservation practices – necessity of buffer zone
- Overall environmental management
- Necessity of legal framework to control anthropogenic activities
- Necessity of long term management plans
- People's participation- success of the project.



## Tutorial – Questions?.

- A) Discuss watershed concept within the perspective of holistic development of an area.
- B) Illustrate important watershed characteristics.
- C) Describe watershed deterioration and its consequences.
- D) What are the important water related problems in a watershed?.

## Self Evaluation – Questions?.

- A) What is a watershed?. What is the importance of watershed based approach in water management?.
- B) Discuss watershed approach – planning, implementation & management.
- C) What are the important principles of watershed management?.
- D) Discuss watershed management as a part of sustainable development.

## Assignment – Questions?.

- A) Discuss the water management in a watershed as a part of hydrologic cycle?.
- B) What are the typical watershed related problems?.
- C) Discuss the necessity of watershed management by considering various problems in an arid zone watershed?.
- D) With the help of a case study, show the importance of people participation in Watershed Management?.

## Unsolved Problem!.

- In your locality, identify your watershed area. List out the sources of water for the area.
- Identify the nature of your watershed.
- List out the water problems of your area.
- Develop a plan presenting how will you apply the principles of watershed management to your area?.
- List out both short term and long term benefits from the interventions of your plan.

## References

- Vir Singh, Raj , "*Watershed Planning and Management*", Yash Publishing House, Bikaner, 2000.
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# THANK YOU

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